



Parental Stressors During the Pandemic:

A discussion with Yonkers Student Assistance Counselors about healthy ways to cope.

Thursday March 25, 2021 6:30pm

It can be helpful to take a step back and evaluate how you're handling the stress of parenting, COVID-19 and social distancing. Join us!

Registration is free:

<https://forms.gle/wQTYyAvC5QVSgPBX6>

Submit any questions for the counselors at the link above to be answered live.



REGISTRATION IS
REQUIRED TO
RECEIVE ZOOM LINK

Q & A WITH
STUDENT
ASSISTANCE
COUNSELORS

FOR PARENTS OF
ALL YONKERS
STUDENTS
CURRENTLY IN
GRADES 9-12



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yonkerscoalition4youth@gmail.com